



Leadership Through Freedom

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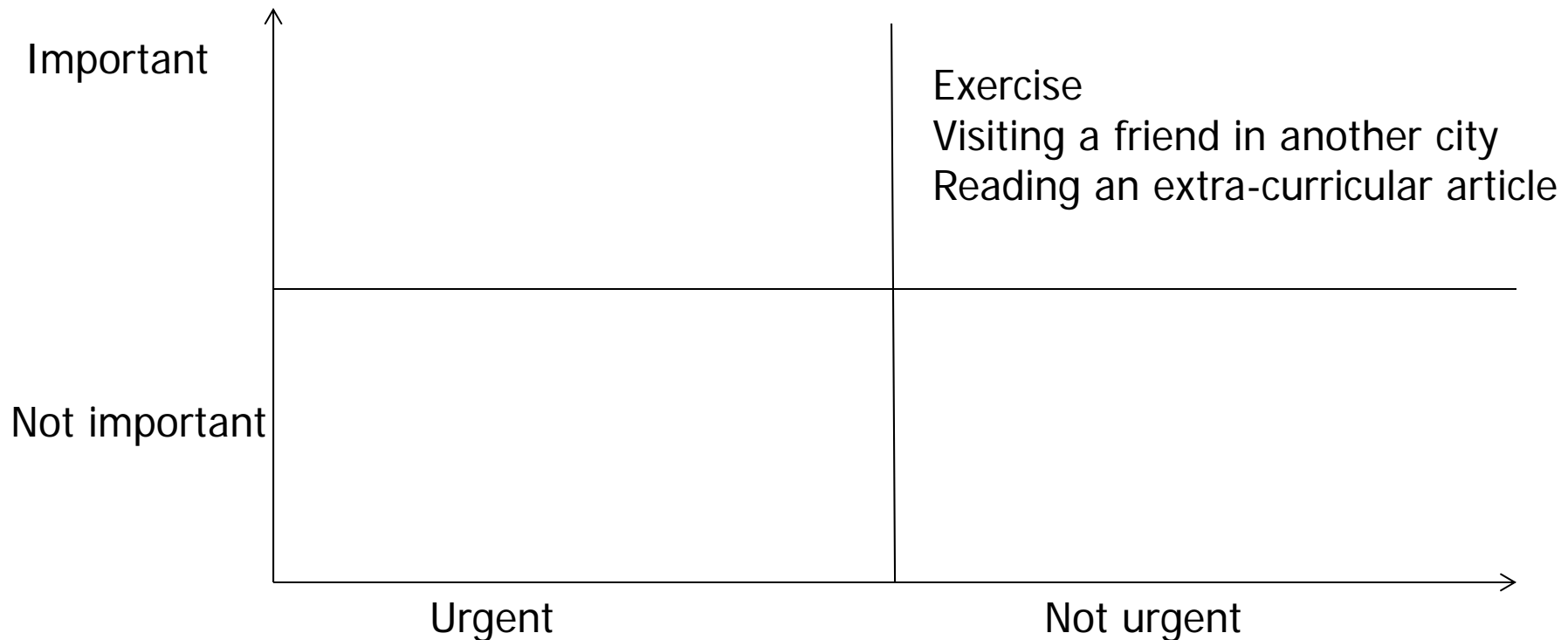
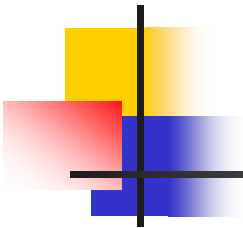


Leadership Through Freedom

- Why freedom?
- Freedom to lose
 - “Once you know that life is difficult, then life is no longer difficult” (M. Scott Peck – *The Road Less Traveled*)
- Freedom to control your destiny
 - “You can find a million and one excuses in life if you want to. I like the excuse ‘It is my fault, I am going to do something about it’ ” (Stuart Pearce)

1. Freedom To Reject

Managing Your Time



1. Source: Stephen Covey - *The Seven Habits of Highly Effective People*



1. Freedom To Reject (cont'd)

Managing Your Time

- Write a Personal Mission Statement

The three people I would most like to hang out with	The three people I would most trust in a business relationship
X	X
X	X
X	X

Source: Prof. Asuka Nakahara (Wharton)

- You don't *have* to do anything

2. Freedom To Rest

Don't Just Do Something, Sit There

- Take rest breaks
 - Busyness is a boast disguised as a complaint¹
 - It takes work to stop working²
- Eating on the run vs. sitting and enjoying
- Do not feel guilty if you rest; the world still goes on. You earn rest due to discipline in time management
- Extract from Antoine de Saint-Exupéry – *The Little Prince*

1. Tim Kreider – “The Busy Trap”, *New York Times*

2. Mark Bittman - “I Need a Virtual Break. No, Really”, *New York Times*

3. Freedom To Savor

The Breadth, Length, Height, and Depth

- We are all good at achieving goals
 - Mountaineers “reach the peak, but miss the point” (Chris Warner)
 - Savor the journey: the breadth, length, height, and depth of what you are doing
- Poem by Dale Wimbrow – *The Man in the Glass*
- Savor your team-mates; it is better to be part of a team where you’re picked last than the star player
- “Prepare thoroughly, do the hard work ahead of time, and when the payoff day arrives, savor it”¹
- Extract from Paolo Coehlo – *The Alchemist*

1. Jimmy Lowe WG '14 in an email to me



4. Freedom To Dare

Getting Your Hands Dirty

- Losing is not bad, it's just part of life
 - Freedom to try something new, outside your comfort zone
- Ties in with freedom to savor. The easiest way not to fall when skiing is to ski on the easiest slopes
 - "It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all – in which case, you fail by default" (JK Rowling)
- What is the magic formula to avoid failure?
 - "If you want to build a ship, don't drum up people to collect wood and don't assign them tasks and work, but rather teach them to long for the endless immensity of the sea" (Antoine de Saint-Exupéry)



4. Freedom To Dare (cont'd)

Getting Your Hands Dirty

- There is no such thing as talent
 - Matthew Syed – *Bounce*, Malcolm Gladwell - *Outliers*
- I have zero talent for presenting
- How to balance exploring new things with committing to everything that you do?
 - “You can do everything you want to and be everything you want to be, but not all at once”¹

1. Professor Laurie Hodrick - “Ten Questions” interview in *Financial Times*



5. Freedom To Respond

The Discipline of Contentment

- Between stimulus and response is our greatest power - the freedom to choose¹
- Reactive vs. proactive people
- Contentment is a discipline; you have to work on being content²
 - Society trains us to be perpetually discontent
- Abundance mentality vs. scarcity mentality¹
- Ties in with the freedom to savor, and your values

1. "Seven Habits"

2. Jared Ayers, pastor of Liberti Church Center City



6. Freedom To Serve

Giving Gifts of Unequal Value

- Abundance mentality frees us to serve; life does not have a forced curve
- Good middle class living vs. true service
- How can we serve most effectively with limited time?
- Serve the “homeless” of our communities
- Serving seems inefficient
 - But consider the breadth, length, height, and depth of serving
 - Gardening and baking are inefficient
- Ownership vs. stewardship
 - With great power comes great responsibility



6. Freedom To Serve (cont'd)

Giving Gifts of Unequal Value

- Humility isn't about holding yourself in low esteem, but holding others in high esteem¹
- No-one lights a lamp and puts it under a bowl
- Like a good analyst, be on the lookout for opportunities to help others
- "The difference between what we are doing and what we're capable of doing would solve most of the world's problems" (Gandhi)
- "Few of us can do great things, but all of us can do small things with great love" (Mother Teresa)

1. Professor Clayton Christensen - *How Will You Measure Your Life?*, paraphrased



7. Freedom To Do What You Love

The Fire Within

- Ask a kid what they want to be when they grow up
 - They tell you what they'd love to do
- You've already written your personal mission statement
 - See "Finding Fulfillment" talk to learn how to discover your passion (www.youtube.com/watch?v=hqL3vGUhNkg)



Leadership Through Freedom

- Freedom to reject – managing your time
- Freedom to rest – don't just do something, sit there
- Freedom to savor – the breadth, length, height, and depth
- Freedom to dare – getting your hands dirty
- Freedom to respond – the discipline of contentment
- Freedom to serve – giving gifts of unequal value
- Freedom to do what you love – the fire within